

## MENTORING BENEFITS

- **Personal Fulfillment:** Experience the joy of contributing to the community and making a positive impact on individuals' lives. Enjoy the satisfaction of helping someone mature, progress, and achieve their goals.
- **Training and Activities:** Engage in enriching training sessions and group activities. Join a supportative mentor network to share experiences and grow together.
- **Tax Benefits:** Mileage and expenses incurred during mentoring are tax deductible.
- **Ongoing Support:** Receive continuous personal support and supervision to ensure your mentee's success.
- **Exclusive Events:** Participate in group activities with mentees, enjoy complimentary tickets to community events, and be recognized at participant recognition events.



## MISSION STATEMENT

The mission of Y-KNOT Inc. is to empower and inspire youth from a holistic perspective by igniting their thirst for knowledge, nurturing their innovative ideas, creating opportunities and teaching lifelong enduring lessons, enabling them to embark on fulfilling and prosperous lives.

We empower the next generation to lead fulfilled and impactful lives.

Changing the world one child at a time!

## VISION STATEMENT

Y-KNOT Inc aspires to cultivate a world where empowered and inspired youth, fueled by a fervor for knowledge, innovation, and continuous learning, set forth on transformative journeys toward a future brimming with fulfillment, prosperity, and abundant opportunities. We aim to instill a positive mindset, one that replaces 'WHY' with an emphatic 'Y-KNOT!'

For more information about mentoring

call: 240-452-0603

Email: [mentoring@yknoinfo.org](mailto:mentoring@yknoinfo.org)

Or visit us at:

<http://www.yknotyou2.org/get-involved/why-mentoring/>



## MENTOR

Making Every New  
Teaching Opportunity  
Rewarding



[HTTPS://WWW.YKNOTINC.ORG/](https://www.yknotinc.org/)

## WHAT IS MENTORING



Mentoring is about helping individuals develop more effectively. It

fosters a relationship that builds confidence and supports mentees in taking control of their own growth and career paths. Unlike training, teaching, or coaching, mentoring doesn't require the mentor to be a qualified trainer or an expert in their own development strategies.

## WHY MENTORING

Research shows that mentoring programs have numerous positive impacts, including:

- Enhanced academic performance
- Improved self-image
- Increased self-motivation
- Reduction in inappropriate behaviour
- Better attitudes towards school and future prospects

## MENTORING REQUIREMENTS

- **Age:** Must be at least 21 years old.
- **Interest:** Passionate about working with young people.
- **Commitment:** Able to commit to a one-year term.
- **Adherence:** Willing to follow all program policies and procedures.
- **Application:** Ready to complete the application and screening process.
- **Dependability:** Consistent and reliable in meeting time commitments.
- **Training:** Attend mentor training sessions.
- **Communication:** Willing to communicate regularly with staff.
- **Background:** Clean criminal history.

## MENTOR QUALITIES

- **Listening:** Willing listener.
- **Supportive:** Encouraging and supportive.
- **Patience:** Patient and flexible.
- **Respect:** Tolerant and respectful of individual differences.



## HOW AM I TRAINED

Y-KNOT offers a comprehensive mentoring training program with web-based classes. These lessons are engaging, interactive, and informative. You can work at your own pace, independently, or attend one of our scheduled classes. The course covers essential topics such as building foundations, ethics and safety, and maintaining the mentor-mentee relationship. In addition to online instruction, you'll receive a workbook filled with valuable materials. All mentors must complete the training before meeting with mentees.

## HOW ARE MENTORS AND MENTEES MATCHED?

After completing your training, you'll be ready to be matched with a mentee. Our administrative program will pair you with a mentee based on your profile, interests, and skills, as well as the mentee's interests and needs.

## HOW TO APPLY

Visit our website at [www.yknotinc.org](http://www.yknotinc.org) and fill out the application. A staff member will contact you once your application is received.